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## TRAVELLER'S CHECKLIST for travelling outside Canada



- Go to [Travel.gc.ca/destinations](https://travel.gc.ca/destinations) to find your destination's risk level and information on:
  - safety and security
  - entry and exit requirements
  - health
  - laws and culture
  - natural disasters and climate
  - local emergency services and the nearest Canadian office

### TRAVEL DOCUMENTS

- Check your **passport's** validity and the validity requirements for your destination.
- Check if you need a **visa** to enter your destination and, if so, apply for one well in advance.
- Carry a **consent letter** for children travelling outside Canada without one of their parents or guardians. Find a sample consent letter at [Travel.gc.ca/travelling/children/consent-letter](https://travel.gc.ca/travelling/children/consent-letter).
- If you're a **dual citizen**, find out what documentation you need to enter your destination. You may not need your Canadian passport to enter another country, but you need it to return to Canada.

### HEALTH AND SAFETY

- Visit a **travel health** clinic or health care provider at least 6 weeks before your trip.
- Get **travel insurance**, even if it's for a short trip across the border.
- Carry or have access to **extra funds** in case of emergency.
- Leave a copy of your **itinerary** with friends or family, along with copies of your **passport** identification page and insurance policy.

### STAYING CONNECTED

- Register** your trip to receive important information and advice in case of an emergency at your destination at [Travel.gc.ca/register](https://travel.gc.ca/register).
- Follow** us on X: @TravelGoC
- Like us** on Facebook: [Travel.gc.ca](https://travel.gc.ca) - Travel advice from the Government of Canada

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### IN CASE OF AN EMERGENCY OUTSIDE CANADA

Learn about the types of services available to you from the Government of Canada at [Travel.gc.ca/emergencies](https://travel.gc.ca/emergencies).